

M.Sc. DEGREE END SEMESTER EXAMINATION - APRIL 2026**SEMESTER 2: PSYCHOLOGY****COURSE: 24P2PSYT06 : HEALTH PSYCHOLOGY***(For Regular 2025 Admission)*

Time : Three Hours

Max. Weights: 30

PART A**Answer any 8 questions****Weight: 1**

1. Define health promotion. (U,CO1,CO4)
2. Define psychoneuroimmunology. (U,CO1,CO2)
3. Define counterirritation. (U,CO1,CO2)
4. Define hypertension. (U,CO2,CO3)
5. Explain on the importance of support groups in chronic illness. (An, CO4,CO5, CO6)
6. Define CHD. (U,CO2,CO3)
7. Define biofeedback. (U,CO1,CO2,CO6,CO8)
8. Explain the theory of Planned Behaviour. (U, CO1,CO5)
9. Discuss on moderators of stress. (U,CO1,CO2)
10. Define placebo effect and its role in healing. (An, CO1, CO2, CO3, CO4, CO7)
(1 x 8 = 8)

PART B**Answer any 6 questions****Weight: 2**

11. Discuss the role of health psychologist. (E,CO1,CO3,CO7,CO8)
12. Critically evaluate Selye's General Adaptation Syndrome. (E,CO1,CO2, CO3, CO4)
13. Define stress. Explain person–environment fit in stress appraisal. (An,CO1,CO2, CO4)
14. Explain clinical issues in pain management. (An,CO2,CO3, CO4, CO7)
15. Discuss on depression seen in chronic illness. (U,CO4,CO5, CO6)
16. Differentiate between approach versus avoidance coping style. (E,CO2,CO4, CO6)

17. Discuss on the role of CBT in pain control. (U,CO4,CO5)

18. Discuss on the problems of adolescent diabetes. (U,CO2,CO4,CO5)
(2 x 6 = 12)

PART C

Answer any 2 questions

Weight: 5

19. Explain AIDS. Describe the psychosocial impact of HIV infection.
(An,CO2,CO3, CO4, CO5, CO6, CO8)

20. Explain the major theories and sources of chronic stress. (U,CO1,CO2, CO4, CO5)

21. Differentiate between Biopsychosocial model and Biomedical model. (E,CO1,CO4)

22. Discuss on the risk factors of diabetes. (A,CO2,CO4, CO5)
(5 x 2 = 10)