

Reg No:

Name:

25P131

M.Sc. DEGREE END SEMESTER EXAMINATION - NOVEMBER 2025

SEMESTER 1: PSYCHOLOGY

COURSE: 24P1PSYT02: PERSONALITY AND PERSONAL DEVELOPMENT

Time : Three Hours

Max. Weights: 30

(For Regular 2025 Admission)

PART A

Answer any 8 questions

Weight 1

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| 1 | Define verifiability in the evaluation of a personality theory. | (R) |
| 2 | Elaborate on the concept of the collective unconscious as proposed by Carl Jung. | (U) |
| 3 | Explain Logotherapy briefly in the context of Viktor Frankl's approach. | (U) |
| 4 | What is fictional finalism according to Adler? | (R) |
| 5 | Define congruence and incongruence in Rogers' theory. | (R) |
| 6 | Propose a behavior-based method for changing negative personality traits. | (C) |
| 7 | How does Buddhism view the concept of self? | (U) |
| 8 | Differentiate between the concept of self and personality structure. | (A) |
| 9 | Distinguish between a trait and a state in personality psychology. | (A) |
| 10 | Define Trigūṇas and mention their characteristics. | (R) |

PART B

Answer any 6 questions

Weight 2

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| 11 | Describe Rotter's Expectancy-Value Theory and explain how it accounts for individual differences in motivation. | (U) |
| 12 | Explain how defense mechanisms function to protect the ego, with suitable examples. | (U) |
| 13 | Evaluate why verifiability and parsimony are essential criteria in assessing the scientific value of a personality theory. | (E) |
| 14 | Evaluate the key differences between Freudian and Neo-Freudian views of human nature. | (E) |
| 15 | Justify Rogers's view that "the good life is a process, not a state of being; it is a direction, not a destination," based on his concept of the fully functioning person. | (An) |
| 16 | Discuss Cattell's use of factor analysis in identifying personality traits and explain his contribution to personality measurement. | (A) |

- 17 Describe Eysenck's three major dimensions of personality and explain how they relate to biological factors. (A)
- 18 Explain how yoga promotes personality integration through discipline, awareness, and self-control. (A)

PART C
Answer any 2 questions

Weight: 5

- 19 Explain Erikson's psychosocial theory of development, and discuss how Erikson's view differs from Freud's psychosexual approach in understanding personality growth across the lifespan. (A)
- 20 Explain George Kelly's Personal Construct Theory, and discuss how his cognitive approach differs from trait and psychodynamic perspectives. (E)
- 21 Compare the humanistic and existential perspectives in their understanding of human nature, motivation, and the goal of personality development. (E)
- 22 Compare and contrast the views of Skinner and Bandura on learning and the determinants of personality. (A)