

B. A . DEGREE END SEMESTER EXAMINATION - OCTOBER 2025**SEMESTER 5 : SOCIOLOGY****COURSE : 19U5CRSOC10 : LIFE SKILL EDUCATION***(For Regular 2023 Admission and Supplementary 2022/ 2021/ 2020/ 2019 Admissions)*

Time : Three Hours

Max. Marks: 75

PART A**Explain any 10 (3 marks each)**

1. Job market research.
2. Creative thinking.
3. Resume.
4. Job description.
5. Personality.
6. Handling disputes.
7. Shodhganga.
8. Emotional Quotient.
9. Self-worth.
10. Executive function skills.
11. Verbal communication.
12. Goal setting.
13. Developmental needs.
14. Career.
15. DIKSHA

(3 x 10 = 30)**PART B****Answer any 5 (5 marks each)**

16. How does life skills education contribute to personality development?
17. Highlight the importance of being self critical.
18. Comment on the plan of action in career planning.
19. Define the concept of career objective.
20. Explain the significance of setting life goals and working to achieve them.
21. List out some practical tips to deal with emotional strain.
22. Define selective perception.

(5 x 5 = 25)**PART C****Answer any 2 (10 marks each)**

23. Is digital education a feasible alternative to traditional education with reference to India? Explain.
24. Comment on the life skills that would improve the social life of an individual
25. Examine the role of a guidance counsellor in an educational institution.
26. Critically analyze the importance of self-management.

(10 x 2 = 20)