

Reg. No

Name

23U557

B. A. DEGREE END SEMESTER EXAMINATION : NOVEMBER 2023

SEMESTER 5 : SOCIOLOGY

COURSE : 19U5CRSOC10 : LIFE SKILL EDUCATION

(For Regular 2021 Admission and Supplementary 2020/2019 Admissions)

Time : Three Hours

Max. Marks: 75

PART A

Explain any 10 (3 marks each)

1. Emotional Quotient.
2. Passive aggression.
3. Informal communication.
4. Personality.
5. Psychosocial needs.
6. CV
7. Job description.
8. Career planning.
9. DIKSHA.
10. IGNOU.
11. Job target.
12. Self esteem.
13. Life skills.
14. Sublimation of conflict.
15. Functional skills.

(3 x 10 = 30)

PART B

Answer any 5 (5 marks each)

16. What are the major social skills necessary for an individual?
17. Examine the process of job placements.
18. Explain the role of a career guidance counsellor?
19. What are the various ways in which the barriers to communication can be removed?
20. What is the importance of self-esteem?
21. What are the major classifications of life skills?
22. How can you improve your ability to resolve conflict?

(5 x 5 = 25)

PART C

Answer any 2 (10 marks each)

23. Comment on the life skills that would improve the social life of an individual?
24. What are the steps to be taken during the process of career planning?
25. Why is being self-aware and self-critical crucial in an individual's life?
26. Define communication and its classifications. What are the qualities of an effective communicator?

(10 x 2 = 20)