

B. A DEGREE END SEMESTER EXAMINATION : OCTOBER 2022**SEMESTER 5 : SOCIOLOGY****COURSE : 19U5CRSOC10 : LIFE SKILL EDUCATION***(For Regular - 2020 Admission and Supplementary - 2019 Admission)*

Time : Three Hours

Max. Marks: 75

PART A**Answer any 10 (3 marks each)**

1. Psychosocial needs
2. Adaptive behavior
3. National digital library of India
4. Job target
5. Resilience
6. Sublimation of conflict
7. Group discussion
8. Interview
9. Job description
10. Job application
11. Emotional regulation
12. Personality
13. Career planning
14. Coping mechanisms
15. Team work

(3 x 10 = 30)**PART B****Answer any 5 (5 marks each)**

16. Identify the major areas in life where life skill are applied?
17. What are some tips to keep in mind for a successful interview?
18. Explain the importance of confidentiality in career guidance
19. What is an emotional outlet?
20. Comment on the Significance of Self confidence
21. Compare and contrast between vocational and employability skills.
22. What s goal setting in career planning?

(5 x 5 = 25)**PART C****Answer any 2 (10 marks each)**

23. Why is being self-aware and self-critical crucial in an individual's life?
24. Define communication and its classifications. What are the qualities of an effective communicator?
25. Comment on the life skills that would improve the social life of an individual?
26. How can an individual equip oneself to follow a career path they are passionate about?
(10 x 2 = 20)