

M. A. DEGREE END SEMESTER EXAMINATION - JULY 2021**SEMESTER 2 : SOCIOLOGY****COURSE : 15P2SOCT08 : PERSONALITY AND COUNSELLING***(For Regular - 2020 Admission and Supplementary - 2019/2018/2017/2016/2015 Admissions)*

Time : Three Hours

Max. Marks: 75

PART A**Answer any 8 (2 marks each)**

1. Define Cephalocaudal development
2. What is Proximodistal development?
3. What is meant by 'Libido' according to Sigmund Freud?
4. What does the term 'Shadow' signify in personality studies?
5. What is Detachment? Mention how it happens
6. What is meant by object permanence?
7. Differentiate between Human Nature and Inner Nature
8. Explain ideal self and real self lead to congruence
9. Define counselling and identify its effect on the individual
10. What is the role of a Counselee in establishing rapport
11. What are 'Anecdotal Records'?
12. What is Psychotherapy?

(2 x 8 = 16)**PART B****Answer any 7 (5 marks each)**

13. What does Vocational and Social adjustment mean?
14. Who are the major proponents of Nature School?
15. Which is more influential in the formation of Personality-Heredity or Environment? Explain the views of social scientist like Margaret Mead.
16. What does Perfectionistic Individual refers to?
17. On what grounds did Adler breakup with Freud? Discuss
18. Describe the three kinds of intellectual structures Piaget mentioned.
19. What are the characteristics of Basic Needs which Maslow mentions?
20. Differentiate between Counselling and Psychotherapy
21. Mention the major advantages and disadvantages of Anecdotal records
22. Mention the necessary Ethical principles to be followed in Counselling process

(5 x 7 = 35)**PART C****Answer any 2 (12 marks each)**

23. Adulthood can be divided into three sub stages. Evaluate the problems and challenges faced in each of the stages
24. Explain Erikson's stages of personality development
25. Explain in detail the major Perspectives and Approaches in Personality Development
26. Explain the different Types of Counselling and its varied applications and effects in varying types of clients

(12 x 2 = 24)