

B.A. DEGREE END SEMESTER EXAMINATION OCTOBER/NOVEMBER 2018**SEMESTER –5: SOCIOLOGY (CORE COURSE)****COURSE: 15U5CRSOC10: LIFE SKILL EDUCATION***(Common for Regular 2016 admission & Supplementary 2015 admission)*

Time: Three Hours

Max. Marks: 75

PART A*Define/ Explain **all** questions. Each question carries **1** mark*

1. Interpersonal relationships
2. Communication gap
3. Time management.
4. Spiritual quotient
5. Positive attitude
6. Career planning
7. Critical thinking
8. Personality
9. Career guidance cell
10. Interview

(1 x 10 =10)

PART B*Answer **any eight** of the following, each in two or three sentences.**Each question carries **2** marks*

11. What is interpersonal communication?
12. Explain the term self-management.
13. List out major types of communication.
14. What is meant by Self-awareness?
15. Describe the term Assertive behavior?
16. What is E-learning?
17. Define group communication.
18. What is Problem solving skill?
19. Define Social Quotient.
20. Define Self talk.

(2 x 8 = 16)

PART C*Answer **any five** of the following in about 200 words each.**Each question carries **5** marks*

21. Explain Self Esteem?
22. Briefly explain stress management tips.
23. Explain different types of emotions.
24. Describe the characteristic features of a person with Self Awareness.

- 25. Identify the major barriers in communication.
- 26. Bring out the major styles of conflict resolution?
- 27. Explain Communication process? (5 x 5 = 25)

PART D

*Answer **any two** of the following in about 500 hundred words.*

*Each question carries **12** marks*

- 28. Discuss the role of electronic media on skill development.
- 29. Explain different sources of Career guidance and discuss the need for career guidance?
- 30. Explain the steps in applying for a job with special focus on preparation of resume and follow up Communication
- 31. Discuss the relevance of life skill education today, and identify the spheres where life skill development is required (12 x 2 = 24)
