

**B. A. DEGREE END SEMESTER EXAMINATION – OCTOBER 2019****SEMESTER –5: SOCIOLOGY (CORE COURSE)****COURSE: 15U5CRSOC10: LIFE SKILL EDUCATION**

*(Common for Regular 2017 Admission & Improvement 2016/Supplementary 2016/2015 Admissions)*

Time: Three Hours

Max. Marks: 75

**PART A**

***Answer all questions. Each question carries 1 mark***

1. What is non verbal communication?
2. What is low self esteem?
3. What is emotional quotient?
4. What is self awareness?
5. What is positive thinking?
6. Explain career guidance?
7. Define personality.
8. Define stress.
9. What is blogging?
10. What is e-learning?

(1 x 10 =10)

**PART B**

***Answer any eight of the following, each in two or three sentences.***

***Each question carries 2 marks***

11. INFLIBNET
12. Interview
13. Assertiveness
14. Self control
15. Public speaking
16. Strain
17. Interpersonal conflict
18. Virtual Classrooms
19. Social Quotient
20. Career planning.

(2 x 8 = 16)

**PART C**

***Answer any five of the following in about 200 words each.***

***Each question carries 5 marks***

21. Distinguish between Verbal and Non Verbal Communication with suitable examples?
22. What are the characteristics of self esteem.
23. Write a note on how to prepare a resume?

- 24. Explain the need for Effective interpersonal Communication?
- 25. What are the different spheres of life skill requirement?
- 26. How do you cope with the emotions in life?
- 27. What are the major processes of group discussion? (5 x 5 = 25)

**PART D**

**Answer any two of the following in about 500 words.**

**Each question carries 12 marks**

- 28. Write an essay on main barriers of communication?
- 29. Explain major Sources of career information?
- 30. What are important steps and stages of conflict resolution?
- 31. Write an essay on life skill development and personality. (12 x 2 = 24)

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